



St. Mary's Convent Inter College

32, Thornhill Road, Prayagraj, UP - 211002

Syllabi for the year 2025-26

Class - 7

VALUE EDUCATION

FIRST TERMINAL EXAMINATION

HEART AND MIND

Chapter 1: Reverence Towards God
Chapter 2: God is One
Chapter 3: The Presence of God
Chapter 4: Realise your Potential
Chapter 5: Say No to Bad Things
Chapter 6 : Do's and Don'ts
Chapter 7: Use your Own Resources
Chapter 8: Being Respectful
Chapter 9: Keep on Trying

DIARY

Profile of an SMC student
Our History
Cover Page (Front and Back)
Peace Pledge

SECOND TERMINAL EXAMINATION

HEART AND MIND

Chapter 10: Never be Revenging
Chapter 11: Dishonesty is Harmful
Chapter 12: Living for Others
Chapter 13: Live by Example
Chapter 14 : Overcome your fears
Chapter 15: Limit your Desires
Chapter 16 : Willpower
Chapter 17: Confronting The Difficulties

DIARY

CJ Culture
Characteristics of Mary Ward (CJ) Education

Our Vision
The Preamble

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ENGLISH LANGUAGE

FIRST UNIT ASSESSMENT

Chapter 1: The Sentence (Kinds of Sentences)
Chapter 2: Nouns
Chapter 3: Pronouns
Chapter 18: Antonyms and Synonyms

FIRST TERMINAL EXAMINATION

Chapter 2: Nouns
Chapter 5: Verbs
Chapter 10: Subject Verb Agreement
Chapter 7: Tenses
Chapter 17: Homophones and Homonyms
Chapter 23: One Word Substitution
Chapter 25: Essay Writing
Chapter 26: Comprehension
Chapter 30: Letter Writing- Informal

SECOND UNIT ASSESSMENT

Chapter 1: The Sentence (Phrases and Clause)
Chapter 4: Adjectives
Chapter 8: Conjunctions
Chapter 16: Collocations
Chapter 19: Similes

SECOND TERMINAL EXAMINATION

Chapter 6: Adverbs
Chapter 12: Active and Passive Voice
Chapter 13: Direct and Indirect Speech
Chapter 21: Proverbs
Chapter 22: Idioms
Chapter 19: Similes
Chapter 25: Essay Writing
Chapter 30: Letter Writing – Formal
Chapter 26: Comprehension
Chapter 28: Notice Writing



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ENGLISH LITERATURE

FIRST UNIT ASSESSMENT

Prose

Chapter 1: Hold on, Ruby!

Chapter 2: The Selfish Giant

Poem

Scratching the Tiger's Back

FIRST TERMINAL EXAMINATION

Prose

Chapter 3: Three at Table

Chapter 4: Harold - Our Hornbill

Chapter 5: A Grain as big as a hen's egg

Poem

Rain in Summer

Scratching the Tiger's Back

Shakespeare

A Midsummer Night's Dream

SECOND UNIT ASSESSMENT

Prose

Chapter 6: Women who made India Proud

Chapter 8: The Milkman of India

Poem

The Laburnum

SECOND TERMINAL EXAMINATION

Prose

Chapter 9: George takes a walk

Chapter 10: Getting Ready for Adventures

Chapter 11: The Mountain Stream

Poem

The Nightingale and the Glow-worm

The Laburnum

Shakespeare

The Taming of the Shrew

HINDI

FIRST TERM ASSESSMENT

Literature

पाठ-1

वह देश कौन सा है (कविता)

पाठ-2

अपनी अपनी बीमारी (हास्य व्यंग्य)

Language

पाठ-1

भाषा बोली, लिपि और व्याकरण

पाठ-2

संज्ञा

विलोम (1-15)

अनेकार्थी (1-22)

FIRST TERM EXAMINATION

Literature

पाठ-3.

वह नन्ही चिड़िया (विदेशी कथा)

पाठ-5.

हम दीवानों की क्या हस्ती (कविता)

पाठ-6.

मेरी माँ (प्रेरक प्रसंग)

पाठ-7.

कसौटी (प्रेरणात्मक कहानी)

Language

पाठ-11

संज्ञा के विकारी- लिंग

पाठ-12

वचन

पाठ-13

कारक

पाठ-14

काल

श्रुतिसम (1-12)

पर्यायवाची (1-16)

वाक्यांश के लिए शब्द (1-20)

मुहावरे (1-25)

पत्र लेखन

अपठित गद्यांश

निबन्ध लेखन



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SECOND UNIT ASSESSMENT

Literature

- पाठ-7. कर्मवीर (कविता)
पाठ-8. अंतरिक्ष केन्द्र में एक दिन
(विज्ञान कथा)
पाठ-11. लहासा की ओर (यात्रा वृत्तांत)

Language

- पाठ-15. सर्वनाम,
पाठ-16. विशेषण,
पाठ-17. क्रिया
विलोम (16-28),
अनेकार्थी (23-44)

SECOND TERMINAL EXAMINATION

Literature

- पाठ-12. नीलकण्ठ (मर्मस्पर्शी कथा)
पाठ-14. वैज्ञानिक चेतना के वाहक
(वैज्ञानिक परिचय)
पाठ-17. नमक का दरोगा (प्रेरणा दायक
कथा)
पाठ-18. रहीम की दोहे (कविता)

Language

- पाठ-18. क्रिया विशेषण
पाठ-25. वाक्य विचार
पाठ-26. विराम चिह्न
मुहावरे (26-50)
श्रुतिसम भिन्नार्थक शब्द (13-23)
पर्यायवाची (17-33)
वाक्यांश के लिए एक शब्द
(21-41)
पत्र लेखन लेखन
अपठित गद्यांश
निबंध लेखन

SANSKRIT

FIRST UNIT ASSESSMENT

प्रार्थना

- पाठ-1. लङ् लकार: (प्रथम पुरुषः)
पाठ-2. लङ् लकार: (मध्यम पुरुषः)
शब्द रूप- राम (अकारान्त पुल्लिङ्ग)
धातु रूप पठ् (पाँचो लकार)

FIRST TERMINAL EXAMINATION

प्रार्थना

- पाठ-3. लङ् लकार (उत्तम पुरुषः)
पाठ-4. लोट् लकार (आज्ञार्थकम्)
पाठ-5. राजघाटम्
पाठ-8. सप्तश्लोकः
शब्द रूप-कवि (इकारान्त पुल्लिङ्ग)
धातु रूप गच्छ् (पाँचो लकार)

SECOND UNIT ASSESSMENT

- पाठ-9. एकः परिवारः
पाठ-10. सहायका: भृत्या
पाठ-11. गुरुभक्तः एकलव्यः
शब्द रूप मातृ (ऋकारान्त स्त्रीलिङ्ग)
धातु रूप दा (देना)

SECOND TERM EXAMINATION

- पाठ-12. सुभाषितानि
पाठ-13. समवायो हि दुर्जयः
पाठ-14. खगाः उत्पपन्ति
पाठ-15. बुद्धियस्य बलं तस्य
शब्द रूप- अस्मद् (सर्वनाम तीनो
लिङ्ग)
धातुरूप पच् (पकाना) पाँचो लकार



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MATHEMATICS

FIRST UNIT ASSESSMENT

Chapter 1 – Integers
Chapter 3 – Rational Numbers
Chapter 10 – Lines and Angles

FIRST TERMINAL EXAMINATION

Chapter 1- Integers
Chapter 2 – Fractions and Decimals
Chapter 4 – Exponents & Powers
Chapter 8 – Algebraic Expressions
Chapter 9 – Linear Equations and Linear Inequalities
Chapter 11 - Triangle and its Properties

SECOND UNIT ASSESSMENT

Chapter 5 – Sets
Chapter 6 – Ratio and Proportion
Chapter 16 – Perimeter and Area (Exercise 16.1)

SECOND TERMINAL EXAMINATION

Chapter 6 – Ratio and Proportion
Chapter 7 – Percentage and its Applications
Chapter 12 – Congruence of Triangles
Chapter 13 – Practical Geometry
Chapter 14 – Symmetry
Chapter 16 - Perimeter and Area (Exercise 16.2, 16.3)
Chapter 17 – Data Handling

HISTORY AND CIVICS

FIRST UNIT ASSESSMENT

History

Theme -1: Medieval Europe- Rise and Spread of Christianity

Chapter 1: Rise of Christianity
Chapter 2: Spread of Christianity

FIRST TERMINAL EXAMINATION

History

Theme 3 : The Delhi Sultanate
Chapter 4: The Turkish Invasions and the Establishment of the Delhi Sultanate
Chapter 5: Expansion of the Delhi Sultanate: The Khilji and the Tughlaq Dynasties
Chapter 6: Life Under Delhi Sultanate

Civics

Theme -1: The Constitution of India
Chapter 12: The Constitution and the Preamble

SECOND UNIT ASSESSMENT

Theme 2 : Rise and Spread of Islam
Chapter 3 : Birth of Prophet Muhammad and Spread of Islam

Theme 4 : The Vijayanagara and Bahamani Kingdoms

Chapter 7: Rise of the Vijayanagara and Bahamani Kingdoms

SECOND TERMINAL EXAMINATION

Theme 5: The Mughal Empire

Chapter 8: Babur, Humayun and Shershah
Chapter 9: Akbar

Theme 6 : Making of Composite Culture
Chapter 11: Bhakti and Sufi Movements

Civics

Theme 2: Directive Principles of State Policy
Chapter 13: Directive Principles of State Policy



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GEOGRAPHY

FIRST UNIT ASSESSMENT

Chapter 2. Atmosphere

Chapter 13. Antarctica: The Uninhabited Continent

FIRST TERMINAL EXAMINATION

Chapter 1: Representation of Geographical

Features of the Earth

Chapter 6: Energy and Power Resources

Chapter 7: Europe: Political Division and Physical Features

Chapter 8: Europe: A Case Study on Tourism in Switzerland

SECOND UNIT ASSESSEMENT

Chapter 3. Weather and Climate

Chapter 11. Australia: Political Division and Physical Features

Chapter 12. Australia: A Case Study on Sheep Rearing

SECOND TERMINAL EXAMINATION

Chapter 4: Weathering and Soil Formation

Chapter 5: Industries

Chapter 9 :Africa: Political Division and Physical Features

Chapter 10: Africa: A Case Study on Cocoa Cultivation in Ghana

PHYSICS

FIRST UNIT ASSESSMENT

Theme 3-Energy

FIRST TERMINAL EXAMINATION

Theme 1- Physical Quantities and Measurement

Theme 2- Force and Pressure: Motions

Theme 3-Energy

SECOND UNIT ASSESSMENT

Theme 5- Heat

SECOND TERMINAL EXAMINATION

Theme 4- Light Energy

Theme 5- Heat

Theme 6- Sound

Theme 7 – Electricity and Magnetism

CHEMISTRY

FIRST UNIT ASSESSMENT

Chapter 1- Matter and its Composition

Chapter 2- Physical and Chemical Changes

FIRST TERMINAL EXAMINATION

Chapter 2- Physical and Chemical Changes

Chapter 3- Elements, Compounds and Mixtures

Chapter 5- Language of chemistry

SECOND UNIT ASSESSMENT

Chapter 7- Air and Atmosphere

Unit 1: General Discussion of Constituents of Air

Unit 2: Study Of Oxygen Gas

SECOND TERMINAL EXAMINATION

Chapter 4- Atomic Structure

Chapter 6- Metals and Non –metals

Chapter 7- Air and Atmosphere (**Unit 2 only**)



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BIOLOGY

FIRST UNIT ASSESSMENT

Chapter 4 – Respiration

FIRST TERMINAL EXAMINATION

Chapter 2 – Kingdom Classification

Chapter 3 – Photosynthesis

Chapter 7 – Allergy

SECOND UNIT ASSESSMENT

Chapter 1 – Tissue

SECOND TERMINAL EXAMINATION

Chapter 1 – Tissue

Chapter 5 – Excretory System

Chapter 6 – Nervous System

COMPUTER STUDIES

FIRST UNIT ASSESSMENT

Chapter 1 - Hardware Devices

Chapter 2 - Number System

FIRST TERMINAL EXAMINATION

Chapter 2 - Number System

Chapter 3 - Computer Virus

Chapter 5 - Introduction to Excel

Chapter 6 - More on Excel

SECOND UNIT ASSESSMENT

Chapter 7 - Database and DBMS

Chapter 8 -Working with Queries

SECOND TERMINAL EXAMINATION

Chapter 4 -Ethics and Safety Measures in Computer.

Chapter 9 : Lists, Tables and Images in HTML.

Chapter 10: Forms in HTML

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GENERAL KNOWLEDGE

FIRST TERMINAL EXAMINATION

Section-A

• **Nature's Nest**

1. Exotic fruits
2. Dog story
3. Aerial predators
4. Big blooms
5. Broad biomes
6. Insect insights
7. Wild threat-II
8. Eco tourism

Quiz-quest 1

Tell Me More Who?

• **India Infinite**

9. Famous forts
10. India on wheels
11. Global indians
12. Women power
13. All for a cause
14. New India
15. Pilgrimage sites
16. Indian heritage-III

Quiz-quest 2

Tell Me More- What?

• **Super Science**

17. Super discoveries
18. Chemical calls
19. Science wizards
20. Cyber trivia
21. Health check
22. Indian space missions

Quiz-quest 3

Tell Me More Where?

• **Book Worm**

23. Quantifiers
24. Indian words



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25. Literature trivia

26. Dozen drill

27. Word watch

28. Homophones

Quiz-quest 4

Tell Me More When?

Model Test Paper – I

48. Next in line

49. Turn it on

50. In a word

51. Best choice

Quiz-quest 9

Model Test Paper – II

News Recap

SECOND TERMINAL EXAMINATION

Section -B

• **Wonder World**

29. Waterways

30. Natural wonders

31. World history

32. Grand palaces

33. United nations

34. End-to-end

35. Leading women

Quiz-quest 5

Tell Me More Why?

• **Sport Light**

36. Tennis time

37. Water sports

38. Indian special stars

39. Lesser known sports

Quiz-quest 6

Tell Me More How?

• **Mixed Bag**

40. Musical chords

41. Culinary delight

42. World languages

43. Oscar honour

44. Iconic movies

45. Indian music maestros

46. Art world

Quiz-quest 8

• **Think Tank**

47. In relation

ART AND CRAFT

FIRST TERMINAL EXAMINATION

Still life with pencil shading

Object drawing

Still life with pencil color

Flowers

Flower pot (Water Color)

Fruits

Fruit basket (Pencil Color)

Vegetables

Vegetable Basket (Water Color)

Trees

Mountains and Stones

Birds

Animals

Aquatic Animals

Insects

Landscape (Pencil Shading)

Landscape (Ink Pen)

Landscape (Pastel Color)

Landscape (Pencil Color)

Attractive Landscape (Water Color)

Landscape (Water Color)

CRAFT

Designer Envelope Making



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SECOND TERMINAL EXAMINATION

Face Elements
Hands
Feet
Face Structure
Portrait (Pencil Color)
Portrait (Pencil Shading)
Monument (Water Color)
Free Hand Design units
Designs (Pen)
Designs (Poster Color)
Mehandi Designs

CRAFT

Newspaper Quilling Activity

SOCIALLY PRODUCTIVE WORK

AND COMMUNITY SERVICE

FIRST TERMINAL EXAMINATION

Potli Bags
6 Tea Coasters
Fridge Magnets
Wall Décor

Community Service

- Cleanliness Drive: The students will organize or participate in litter pick-up events to clean and beautify school campus and collect trash. Through these activities, students not only contribute to the cleanliness and aesthetics of their community but also raise awareness about the importance of environmental conservation and sustainable practices.
- The students will take responsibility to keep their surroundings clean and spread awareness about cleanliness and hygiene.

SECOND TERMINAL EXAMINATION

Tie and Die Dupatta
Paper Mache Lamps
Face Masks
Christmas Decorations

Community Service

- **Helping Hands** :Motivate students to help someone in need (e.g., assisting a younger student, sharing lunch with someone). Spending time with grandparents etc.
- **Kindness Jar**: A jar will be kept in the classroom where students will write about the kind acts they did throughout the year.
- **Gratitude Wall**: A chart will be prepared by each house in which they will write thank you notes to their parents, teachers and friends to express gratitude.